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## **INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT**

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

### **Provider Name and credentials:**

Cecelia M. Cansino, BA, MA (candidate)

### **Provider's Credential type and number:**

Clinical Intern

### **Supervision:**

As a Mental Health Counseling intern, I am a graduate student in the process of completing my degree under the supervision of an approved licensed therapist. I have a current supervision agreement with Pathways Mental Health Services and may disclose information about your counseling session as part of ongoing supervision.

### **Provider's Education, Training, Experience:**

I earned a Bachelors Degree in General Studies with a focus on Social and Behavioral Science from Indiana University in 2014. I am currently working towards my Master's Degree in Mental Health Counseling at Capella University and will graduate in September 2018.

### **Type of Services Offered by Provider:**

Individuals (Adult, Adolescent, Child), couples, and families

### **Provider's Therapeutic Orientation and Methods Used:**

My personal approach to therapy lies in the cognitive behavioral orientation. I believe that the way individuals think and view the world directly impacts their actions and reactions. This knowledge can be used to empower and change one's thinking with the intention of changing emotional and physical wellbeing. I also believe that the power to change lies within the individual and empowerment and support from myself can help to facilitate desired alterations in one's life. I strive to provide a supportive, safe, and nonjudgemental space for my clients. I understand that each individual has specialized needs and I am always willing to adapt to ensure my counseling approach is appropriate and effective, to the best of my ability. Mental health counseling is my passion and satisfaction from clients remains at the forefront for my personal expectations.

