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## **INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT**

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

### **Provider Name and credentials:**

Cherry Foultnier, BA, MA, LMFTA

### **Provider's Credential type and number:**

Washington Licensed Marriage & Family Therapist Associate (LMFTA) MG#60831086

### **Supervision:**

As a Marriage & Family Therapy Associate, I am in the process of completing my hours for licensure under the supervision of an approved supervisor. I have a current supervision agreement with Pathways Mental Health Services, and I may disclose information about your counseling session as part of ongoing supervision. Currently, I am supervised by Arthur Tolentino, Ph.D., LMFT, CDP, MAC, SAP.

### **Provider's Education, Training, Experience:**

I earned a Bachelor's Degree in Psychology from Northcentral University in 2015. I earned a Master's Degree in Marriage and Family Therapy with a specialization in child and adolescent from Northcentral University in 2018.

### **Type of Services Offered by Provider:**

Individuals (Adult, Adolescent, Child), couples, and families

### **Provider's Therapeutic Orientation and Methods Used:**

My overall approach is collaborative, holistic, and client-centered. I am committed to anti-oppression in every facet of my work. I believe, with warm and authentic support, every person has the ability to identify inner resources and acquire skills that will empower them to find healing, balanced independence, and fulfilling relationships to self and others. I subscribe to a safe, respectful, and honest environment. My style is compassionate and appropriately direct. Some methods and techniques I use include, Emotional Focus Therapy, Narrative Therapy, Structural Family Therapy, behavioral parent training and play therapy. While I find the exploration of the past useful, I prefer to use the here-and-now to realize and effect change.