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INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

Provider Name and credentials: Jennifer Shafer, MA, LMHCA

Provider's Credential type and Number:

Washington State Mental Health Counselor Associate License, MC 60665684

Supervision:

As a Licensed Mental Health Counselor Associate, I am in the process of completing my hours for licensure under the supervision of an approved supervisor. I have a current supervision agreement with Pathways Mental Health Services, and I may disclose information about your counseling session as part of ongoing supervision. Currently, I am supervised by Loretta Crawford, MA, LMHCA.

Provider's Education, Training, Experience:

I hold a Masters in Counseling Psychology from St. Martin's University (2016). My internship was at the St. Martin's Counseling and Wellness Center and since graduation; I have been worked as family preservation therapist for Community Youth Services; as a geriatric therapist for Senior Connections; and as a youth therapist for the Skokomish Tribe's Behavioral Health Program. Prior to becoming a counselor, I worked as a licensed massage practitioner for 20 years and in other social work capacities.

Type of Services Offered by Provider:

I provide client centered therapy for individuals, couples and groups; I am comfortable with all age groups. My approach is warm, compassionate and collaborative. I use a strengths based approach, affirming what works for clients by empowering the skills and resources they may already have. Where clients do not feel they have experience or skills, I can employ a variety of interventions such as Solution Focused Therapy, Cognitive Behavioral Therapy, Narrative Therapy, Family Systems, Psychodrama, Creative Therapies, Play Therapy and Psychoeducation. I am committed to ongoing anti-oppression work in myself and recognize how social memberships (such as race, class or gender, for example) may affect clients' experiences in their psychology as well as within a therapeutic context. I strive to create a safe and honest environment for clients to have an authentic and healing experience.