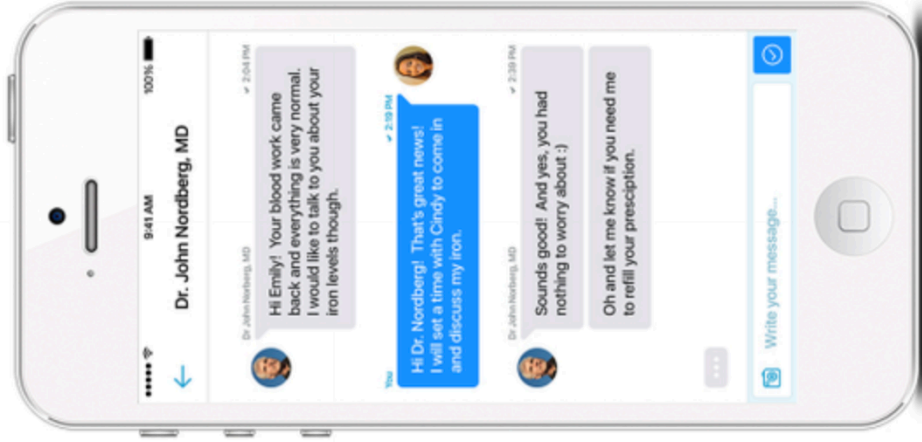


Getting started:

1. Download OhMD from App Store or Google Play
2. Allow notifications
3. Tap "I am a patient"
4. Follow the instructions in OhMD to register
5. Search for your provider, tap their name, and confirm by tapping "Connect with this Provider"
7. That's it! Your provider will see that you have registered and will approve your account
8. Use OhMD to securely text with any provider or practice that has OhMD



For your convenience, please go to your phone App and download the appropriate phone platform for free.

Once log-in, search for Pathways Mental Health Services

