

INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

Provider Name and credentials:

Judith A. Oliver, MA, LMHCA

Provider's Credential type and number:

Licensed Mental Health Counselor Associate
License number: MC60789786

Supervision:

As a Mental Health Counselor Associate, I am in the process of completing my supervisory hours toward full licensure. I have a current supervision agreement with Pathways Mental Health Services, and I may disclose information about your counseling session as part of ongoing supervision.

Provider's Education, Training, Experience:

I earned a Master's Degree in Counseling Psychology from Saint Martin's University in August of 2017.

Type of Services Offered by Provider:

Individuals, Couples, Families

Areas of focus include: Identity exploration, Sexuality/Sexual issues, Career counsel, Trauma processing and integration, Depression, Anxiety, Communication Issues, Infidelity, Substance Abuse, Grief

Provider's Therapeutic Orientation and Methods Used:

My overall approach is collaborative, holistic, and client-centered. I am committed to anti-oppression in every facet of my work. I believe, with warm and authentic support, every person has the ability to identify inner resources and acquire skills that will empower them to find healing, balanced independence, and fulfilling relationships to self and others. I subscribe to a safe, respectful, and honest environment. My style is compassionate and appropriately direct. Some methods and techniques I use include: Cognitive Behavioral Therapy, Narrative Therapy, Structural Family Therapy, Existential Therapies, Archetypal Therapy, Internal Family Systems, and Imago Therapy. While I find exploration of the past useful, I prefer to use the here-and-now to realize and effect change.