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INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

Provider Name and credentials:

Mary Trukositz, MA, LMHC, CDP, DVTP

Provider's Credential type and number:

Washington State Licensed Mental Health Counselor:LH60249484

Washington State Chemical Dependency Professional:CP60187413

Washington State Certified Domestic Violence Treatment Provider: Expires May 2017

Provider's Education, Training, Experience:

Education:

Master of Arts degree in Counseling Psychology from St. Martin's University...

Certificate in Drug and Alcohol Counseling from Pierce College

Training:

EMDR (Eye Movement Desensitization Reprocessing) – Level 1

Trauma-Focused Cognitive Behavioral Therapy

SoulCollage[®] Facilitator

Experience:

2016 – Present: Pathways Mental Health Services – Independent Contractor

2014 – 2016 – Pierce County Alliance: Co-Occurring Therapist

2010 – Present: Private Practice and Independent Contractor

Supervision:

I have a current supervision agreement with Dr. Tony Steger, Tahoma Counseling Associates, Tacoma, WA; and I may disclose information about your counseling session as part of ongoing supervision. Also, I receive consultation from the Clinical Director and Clinical Supervisor of Pathways Mental Health Services.

Type of Services Offered by Provider:

Adults, Couples, and Families

Provider's Therapeutic Orientation and Methods Used:

My approach to treatment is holistic meaning I address the emotional, physical, cognitive, and spiritual domains. My work integrates various approaches and techniques depending on what works best with the client and situation. Some of the approaches include Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, and Brief Interventions with problem solving strategies. Focusing on strengths, I assist clients in finding solutions that work within their values and life perspective.