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INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

Provider Name and credentials:

Doug Gemmell, MA LMHC

Provider's Credential type and number:

Washington Licensed Mental Health Counselor: LH 60688148

Supervision:

I work under the direct supervision of Dr. Tolentino, PhD, the Clinical Director.

Provider's Education, Training, Experience:

I earned a Master of Arts degree in Counseling Psychology from Saint Martin's University. After an Internship on JBLM, working with the military and families, I continued working as a clinician in both paid and volunteer positions. I am trained in EMDR and a Nationally Certified Counselor.

Type of Services Offered by Provider:

Adult and family psychotherapy and counseling, Eye Movement Desensitization and Reprocessing (EMDR)

Provider's Therapeutic Orientation and Methods Used:

We all face struggles from time to time. Some develop in the present and some may be rooted in past trauma or experiences, and seeking help can be a challenge in itself.

I am a dedicated mental health professional, working with clients in a safe, compassionate, and non-judgmental space, where you are the expert in your own life. We work in a collaborative and supportive way to help change non-productive or destructive patterns of behavior to promote integration with the goal to help you feel better about yourself and your life.

In my work with individuals, I offer a client-centered holistic approach to counseling wherein the therapeutic relationship is an integral part of the path to healing. Working with couples and families, my therapeutic perspective is oriented to the family as a system, seeing the client as a piece of a bigger inter-related picture.

I offer EMDR (Eye Movement Desensitization and Reprocessing) Therapy to help clients with traumatic memories, and the anxiety and depression that most often accompanies trauma.

