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## **INDIVIDUAL PROVIDER INFORMATION ADDENDUM TO THE DISCLOSURE AND INFORMED CONSENT AGREEMENT**

As part of your participation in our counseling program, we would like to provide you with specific information about your behavioral health provider. This information is provided in addition to the Pathways Mental Health Services' Disclosure and Informed Consent Agreement.

### **Provider Name and credentials:**

Loretta Crawford (Kissel), M.A-ABS, MHP, CMHS, LMHC

### **Provider's Credential type and number:**

Washington Licensed Mental Health Counselor: LH 60349670

### **Provider's Education, Training, Experience:**

I received my Master's degree in Applied Behavioral Science with an emphasis in Systems Counseling from LIOS (Leadership Institute of Seattle), a program accredited by Bastyr University located in Kenmore, near Seattle Washington in 2006. I completed my undergraduate education in Texas through the University of Texas system with a major in Psychology and a minor in Speech Communication.

I have over 30 years of research and study regarding the human condition and began working in the counseling field as a Victim Advocate/Education Coordinator in 1991. My education, research and experience have been extensive especially in regards to trauma, violence, relationships, co-dependency, grief, family dynamics, change and transformation, spirituality and matters of the heart and soul.

### **Type of Services Offered by Provider:**

I work with individuals, couples, families and groups in a collaborative environment of creativity and possibility.

### **Provider's Therapeutic Orientation and Methods Used:**

My theoretical approach is broad and multi-dimensional with a holistic and systemic base. I believe healing comes from utilizing skills, models and techniques that best meet an individual's unique needs and circumstances. Attention is paid to the therapeutic relationship from the beginning of treatment and on a regular basis throughout the course of therapy. Therefore, establishing rapport is the most important element for creating a therapeutic foundation. From this foundation a broad view including the client's past, present circumstances and view for their future is essential for understanding and empathy. Special care is given to creating an atmosphere of trust and compassion that is as judgment free as possible.

Therapeutic interventions and methods I typically use include: Systems Theory; Cognitive and Dialectical Behavioral Therapies (CBT & DBT); Trauma Focused CBT (TF-CBT); Solution Focused Therapy (SFT); Family Systems Therapy (FST); Internal Family Systems Therapy (IFS); Analytical Therapy; Archetypal Therapy; Play Therapy; Creativity/Art Therapy and Narrative Therapy (NT).